

About your vaccination against

Diphtheria, tetanus and whooping cough (pertussis)



Folkhälsomyndigheten

Diphtheria, tetanus and whooping cough are three serious diseases, but vaccination can protect you. Without vaccination, many people could catch these diseases.

Diphtheria is a throat infection. The disease can cause very serious damage to the heart, kidneys and nervous system, and it could even kill you. Diphtheria spreads to others through saliva, for example if you share a water bottle or are very close to each other.

Tetanus is caused by bacteria that enter the body through dirty wounds or an animal bite. Tetanus causes muscle cramps and can be fatal. It cannot be passed from one person to another.

Whooping cough causes long and violent coughing fits. It is particularly dangerous for young children, and for them whooping cough can be life-threatening. The disease infects others through small droplets that are flung into the air when the infected person coughs or sneezes.

Multiple doses are needed

All pupils in grades 8 or 9 are offered the fifth dose of the tetanus, diphtheria and pertussis vaccine. Adults will need a booster dose every 20 years in order to stay protected.

All vaccines that you receive through the child and school healthcare services are voluntary and free of charge.

Do you want more information?

You are always welcome to contact your children's health centre or school health service if you have any questions.

THE VACCINATION PROCESS

Before the vaccination

If you have questions before being vaccinated, you can talk to an adult in your family or the school nurse. If you want, you can bring an adult along with you to your vaccination appointment.

The vaccination

The school nurse will inject the vaccine into your upper arm.

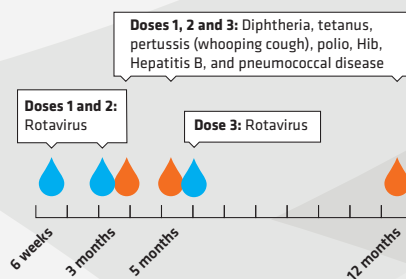
After the vaccination

Most people feel nothing after their vaccination, or perhaps they will have a little soreness around the injection site. Some people may develop a fever and their arm muscles might ache. These symptoms are completely harmless and will pass in a few days. If you are worried about anything following your vaccination, you or your parents or guardians can contact your school nurse or healthcare provider.

SWEDEN'S VACCINATION PROGRAMME

Here you will see the vaccinations offered to all children in Sweden in order to prevent serious diseases.

Child health centre



SCHOOL

